



**CIS Houma**  
(985) 876-0300

**CIS Thibodaux**  
(985) 446-2021

**CIS Raceland**  
(985) 537-4000

**CIS Galliano**  
(985) 873-1685

**CIS Morgan City**  
(985) 385-6390

**CIS New Iberia**  
(337) 367-5200

**CIS Lafayette at  
Regional Medical Center**  
(337) 988-1585

**CIS at Lafayette General**  
(337) 289-8429

**CIS Crowley**  
(337) 788-2554

**CIS Opelousas**  
(337) 942-3006

**CIS Mamou**  
(337) 468-4010

**CIS Zachary**  
(225) 654-1559

**CIS Baton Rouge**  
(225) 308-0247

You have been scheduled for a Thallium scan. This test shows how well blood flow gets to the heart muscle. This medicine can show blood flow to the heart muscle even if you have had some damage to the heart before. Below is a summary of what to expect during this test.

## Before the test:

- You will not be able to have anything to eat or drink for 3 hours prior to the Thallium scan. You can have water.
- You cannot have any soft drinks, coffee (including decaf), chocolate, tea or other products containing caffeine for 24 hours prior the test.
- You may need to skip some of your medications - the nurse will let you know which ones. If you have any questions, please call the office to speak with a nurse.

## During the test:

- You will receive an injection of Thallium while you are exercising so the blood flow to your heart at stress can be seen on the pictures.
- You will not feel any different after this injection.
- Two sets of pictures will be taken.
  1. Immediately after the exercise injection
  2. 4 hours after the first injection \*\*

\*\*Once you are finished with the first set of images (approximately 1 hour), you will be allowed to leave and return for the second set of images 3-4 hours later. During this time frame, you will only be able to eat a light meal.

## After the test:

- After reviewing your pictures, the doctor may decide you need an additional set of pictures. These pictures will need to be done 24 hours after the first injection. For this set of pictures, you will receive another injection of the same medicine.