

YOUR GUIDE TO

Prep for Renal Artery and/or AAA Ultrasound

Day Before Exam:

BREAKFAST - light breakfast/no gas causing foods

LUNCH - ****CLEAR LIQUID DIET**

DINNER (evening meal) - ****CLEAR LIQUID DIET**

NOTHING TO EAT OR DRINK AFTER MIDNIGHT

Morning of the Exam

PLEASE TAKE ALL MEDICINES AS PRESCRIBED WITH A GLASS OF WATER.

Exception: If you have diabetes or a chronic medical condition, check with your physician.

**Clear Liquid Diet Food List

FOODS ALLOWED:

Apple Juice	Gelatin	Coffee (no dairy)
Cranberry Juice	Clear Broth (Chicken Noodle)	Tea
Grape Juice	Hard Candy	
Fruit Ice	Popsicles	