

YOUR GUIDE TO

Coronary Artery Calcium Scoring

MAY BE PREGNANT?

If there is any chance that you could be pregnant, please inform the technologist performing the test immediately. It may be necessary for you to undergo a pregnancy test prior to the study.

THERE IS NO SPECIAL PREPARATION FOR THE EXAM

NO FASTING, NO INJECTIONS, NO CEASING OF MEDICATIONS

Unless you are also having a PET scan in conjunction.

COST OF TEST

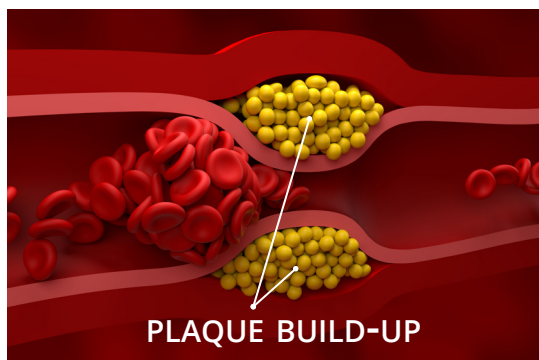
\$99

(not covered by insurance)



What to expect during the exam? You'll be lying comfortably on the exam table on your back with arms up for about five minutes, though the scan takes only seconds. There's no need to change your clothes, but all jewelry and metal items must be removed.

WHAT IS CORONARY ARTERY CALCIUM SCORING? A calcium score test is a CT scan that determines the amount of calcium deposits in your coronary arteries.



Early detection is key in preventing heart disease.

- ▶ When calcium builds up, plaque may develop in the arteries that can lead to blockages. The more calcium is present, the higher your risk is of cardiovascular disease.

OTHER RISK FACTORS OF CARDIOVASCULAR DISEASE

Age (Male: 45 years or older
Female: 55 years older)

High blood pressure

Smoking

Family history of heart attacks

Obesity

High cholesterol

Diabetes

▶ BENEFITS OF CORONARY ARTERY CALCIUM SCORE

Detects heart disease in its earliest stages

Provides highly accurate results

Requires 5 minutes of scanning

Helps you understand your risk so you can prevent heart disease

Without a 24-hour notice of cancellation, **you will be billed \$75** per CIS' no show policy.